

# menu

## BEVERAGES

Honey-Lemon Ginger Tea

*This soothing and delicious hot- water cocktail improves digestion and helps to balance the body's pH*

## TO START

Pear & Candied Pecan Salad

*Bibb lettuce with pears, blue cheese, candied pecans, red onions with a balsamic honey mustard vinaigrette*

## MAIN COURSE

Pesto Crusted Salmon

*Pan-seared, topped with broccoli pesto, and baked to perfection*

Pearl Couscous & Figs

*Tricolor pearled couscous finished with black mission figs, greens onions, and pistachios*

## DESSERT

Fruitalicious Upside-Down Cake

*Who knew dessert could be so healthy? This cake is stuffed with fresh fruit and wrapped in a delicious date-nut crust.*

*Live deliciously!*

